

P.G. DIPLOMA EXAMINATION – JUNE, 2018.

Guidance and Counselling

COUNSELLING TECHNIQUES AND PRACTICE

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any **THREE** questions.

1. Write brief note on group dynamics.
2. What is Counter Transference?
3. How important is silence and pause?
4. What are the communication skills needed for a counsellor?
5. Write short note on counselling for multiple relationships.

PART B — (4 × 15 = 60 marks)

Answer any **FOUR** questions.

6. Explain in detail the characteristics and functions of a counsellor.
7. Describe Egan's Model.

8. Elaborate counselling as a skill and profession.
 9. What are the various interviewing types and techniques?
 10. Differentiate group guidance and group therapy.
 11. What are the theoretical consideration and values of group counselling?
 12. What is the need for planning and the challenges faced in handling legal cases?
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