

**P.G. DIPLOMA EXAMINATION –
JUNE 2018.**

Guidance and Counselling

PERSONALITY AND MENTAL HEALTH

Time : 3 hours

Maximum marks : 75

PART A — ($3 \times 5 = 15$ marks)

Answer any **THREE** questions.

1. What is subjective perception of reality?
2. Explain the importance of family size.
3. Define – Anxiety.
4. What are the hierarchy of needs?
5. Enlist the factors contributing to mental health.

PART B — ($4 \times 15 = 60$ marks)

Answer any **FOUR** questions.

6. Elaborate on the mental health model.
7. Explain stages of personality development according to Freud.

8. Describe Prejudice – Discrimination and its impact on mental health.
 9. What is Psychosis? Explain in detail.
 10. Elaborate on the Adlerian theory of personality.
 11. Enumerate the various educational determinants and its influence on development of personality.
 12. What is Transference and counter Transference? Explain its role in therapy.
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